### Nutritional Information

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<td>(listed without dressing unless noted)</td>
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<tr>
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<tr>
<td>Blackened Shrimp &amp; Chicken Cobb Salad</td>
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<tr>
<td>Asian Grilled Chicken Breast Salad (with dressing)</td>
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### Southwest Seared Flat Iron Steak Salad (with dressing)

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#### DRESSING (1 fl. oz.)

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<td>1.5g</td>
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<td>70mg</td>
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<td>0g</td>
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<td>90</td>
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<td>Blue Cheese</td>
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<td>3g</td>
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<td>10mg</td>
<td>230mg</td>
<td>&lt; 1g</td>
<td>0g</td>
<td>&lt; 1g</td>
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#### TWO HAND GRIP

(Listed without sides)

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<td>0mg</td>
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#### BURGER BLITZ

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#### FINAL PLAY

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**DRINK BOOK**

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<th>Carbs</th>
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<td>Shooter- Irish Car Bomb</td>
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<td>The Wave Glass- Big</td>
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<td>Blue Moon</td>
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<td>0g</td>
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<td>16g</td>
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<td>Blue Moon 23 oz.</td>
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<td>53g</td>
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<td>7g</td>
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<td>Blue Pt. Toasted Lager- Pint (14 oz.)</td>
<td>170</td>
<td>0</td>
<td>0g</td>
<td>0g</td>
<td>0g</td>
<td>0mg</td>
<td>20mg</td>
<td>18g</td>
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<td>2g</td>
</tr>
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<td>Bud Light</td>
<td>100</td>
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<td>0g</td>
<td>0g</td>
<td>0g</td>
<td>0mg</td>
<td>10mg</td>
<td>3g</td>
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<td>Budweiser Pint (14 oz.)</td>
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<td>0g</td>
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<td>0g</td>
<td>0mg</td>
<td>10mg</td>
<td>12g</td>
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<td>2g</td>
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<tr>
<td>Coors Light 14 oz. Pint</td>
<td>120</td>
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<td>0g</td>
<td>0g</td>
<td>0g</td>
<td>0mg</td>
<td>15mg</td>
<td>6g</td>
<td>&lt; 1g</td>
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<td>Corona Light 14 oz. Pint</td>
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<td>0mg</td>
<td>0g</td>
<td>0g</td>
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<tr>
<td>Dos Equis 14 oz. Pint</td>
<td>150</td>
<td>0</td>
<td>0g</td>
<td>0g</td>
<td>0g</td>
<td>0mg</td>
<td>35mg</td>
<td>13g</td>
<td>0g</td>
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<tr>
<td>Founders All Day IPA 14 oz. Pint</td>
<td>160</td>
<td>0</td>
<td>0g</td>
<td>0g</td>
<td>0g</td>
<td>0mg</td>
<td>30mg</td>
<td>13g</td>
<td>1g</td>
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<td>1g</td>
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<td>Goose IPA- Pint (14oz)</td>
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<td>0mg</td>
<td>20mg</td>
<td>25g</td>
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<td>2g</td>
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<tr>
<td>Guinness 20 oz.</td>
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<td>0g</td>
<td>0g</td>
<td>0mg</td>
<td>110mg</td>
<td>14g</td>
<td>0g</td>
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<td>2g</td>
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<tr>
<td>Guinness Blonde American Lager 14 oz. Pint</td>
<td>180</td>
<td>0</td>
<td>0g</td>
<td>0g</td>
<td>0g</td>
<td>0mg</td>
<td>0mg</td>
<td>13g</td>
<td>0g</td>
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<td>3g</td>
</tr>
<tr>
<td>Heineken 14 oz. Pint</td>
<td>170</td>
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<td>0g</td>
<td>0g</td>
<td>0g</td>
<td>0mg</td>
<td>10mg</td>
<td>13g</td>
<td>0g</td>
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<td>1g</td>
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<tr>
<td>Hoegaarden Wheat Beer- Pnt (14oz)**</td>
<td>190</td>
<td>0</td>
<td>0g</td>
<td>0g</td>
<td>0g</td>
<td>0mg</td>
<td>20mg</td>
<td>16g</td>
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<tr>
<td>Illusive Traveler- Grapefruit Shandy 14 oz. Pint</td>
<td>190</td>
<td>0</td>
<td>0g</td>
<td>0g</td>
<td>0g</td>
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<td>21g</td>
<td>1g</td>
<td>10g</td>
<td>1g</td>
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<tr>
<td>Kona Longboard- 14 oz. Pint</td>
<td>170</td>
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<td>0g</td>
<td>0g</td>
<td>0g</td>
<td>0mg</td>
<td>0mg</td>
<td>13g</td>
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<tr>
<td>Lagunitas IPA 14 oz. Pint</td>
<td>220</td>
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<td>0g</td>
<td>0g</td>
<td>0g</td>
<td>0mg</td>
<td>20mg</td>
<td>17g</td>
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<td>0g</td>
<td>3g</td>
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<tr>
<td>Leinenkugels 14 oz. Pint</td>
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<td>0g</td>
<td>0g</td>
<td>0g</td>
<td>0mg</td>
<td>20mg</td>
<td>17g</td>
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<td>1g</td>
</tr>
<tr>
<td>Michelob Ultra- Pint (14 oz)</td>
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<td>0g</td>
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<td>0mg</td>
<td>20mg</td>
<td>3g</td>
<td>0g</td>
<td>&lt; 1g</td>
<td>0g</td>
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<tr>
<td>Miller Lite 14 oz. Pint</td>
<td>110</td>
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<td>0g</td>
<td>0g</td>
<td>0g</td>
<td>0mg</td>
<td>0mg</td>
<td>4g</td>
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<td>0mg</td>
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<td>5g</td>
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<td>New Belgium Fat Tire 14 oz. Pint</td>
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<td>0g</td>
<td>0g</td>
<td>0mg</td>
<td>5mg</td>
<td>10g</td>
<td>2g</td>
<td>0g</td>
<td>2g</td>
</tr>
<tr>
<td>New Belgium, Voodoo Ranger 14 oz. Pint</td>
<td>220</td>
<td>0</td>
<td>0g</td>
<td>0g</td>
<td>0g</td>
<td>0mg</td>
<td>10mg</td>
<td>18g</td>
<td>0g</td>
<td>0g</td>
<td>0g</td>
</tr>
<tr>
<td>Newcastle Brown Ale 14 oz. Pint</td>
<td>150</td>
<td>0</td>
<td>0g</td>
<td>0g</td>
<td>0g</td>
<td>0mg</td>
<td>35mg</td>
<td>12g</td>
<td>0g</td>
<td>7g</td>
<td>1g</td>
</tr>
<tr>
<td>Rebel IPA 14 oz. Pint</td>
<td>220</td>
<td>0</td>
<td>0g</td>
<td>0g</td>
<td>0g</td>
<td>0mg</td>
<td>20mg</td>
<td>18g</td>
<td>1g</td>
<td>0g</td>
<td>2g</td>
</tr>
<tr>
<td>Product</td>
<td>Calories</td>
<td>Calories from Fat</td>
<td>Fat</td>
<td>SAT Fat</td>
<td>Trans Fat</td>
<td>Cholesterol</td>
<td>Sodium</td>
<td>Carbs</td>
<td>Fiber</td>
<td>Sugar</td>
<td>Protein</td>
</tr>
<tr>
<td>----------------------------------------------</td>
<td>----------</td>
<td>-------------------</td>
<td>-----</td>
<td>---------</td>
<td>-----------</td>
<td>-------------</td>
<td>--------</td>
<td>-------</td>
<td>-------</td>
<td>-------</td>
<td>---------</td>
</tr>
<tr>
<td>Samuel Adams Boston Lager</td>
<td>240</td>
<td>0</td>
<td>0g</td>
<td>0g</td>
<td>0g</td>
<td>0mg</td>
<td>0mg</td>
<td>0g</td>
<td>0g</td>
<td>0g</td>
<td>0g</td>
</tr>
<tr>
<td>Shock Top Belgian White 5% - Pint (14oz)**</td>
<td>200</td>
<td>0</td>
<td>0g</td>
<td>0g</td>
<td>0g</td>
<td>0mg</td>
<td>20mg</td>
<td>17g</td>
<td>0g</td>
<td>0g</td>
<td>3g</td>
</tr>
<tr>
<td>Sierra Nevada - Pale Ale 14 oz. Pint</td>
<td>200</td>
<td>0</td>
<td>0g</td>
<td>0g</td>
<td>0g</td>
<td>0mg</td>
<td>0mg</td>
<td>16g</td>
<td>0g</td>
<td>0g</td>
<td>2g</td>
</tr>
<tr>
<td>Sierra Nevada - Sidecar</td>
<td>210</td>
<td>0</td>
<td>0g</td>
<td>0g</td>
<td>0g</td>
<td>0mg</td>
<td>25mg</td>
<td>18g</td>
<td>0g</td>
<td>0g</td>
<td>&lt;1g</td>
</tr>
<tr>
<td>Stella Artois - Pint (14 oz)</td>
<td>170</td>
<td>0</td>
<td>0g</td>
<td>0g</td>
<td>0g</td>
<td>0mg</td>
<td>40mg</td>
<td>13g</td>
<td>0g</td>
<td>0g</td>
<td>2g</td>
</tr>
<tr>
<td>Terapin Hopsecutioner IPA</td>
<td>210</td>
<td>0</td>
<td>0g</td>
<td>0g</td>
<td>0g</td>
<td>0mg</td>
<td>15mg</td>
<td>15g</td>
<td>0g</td>
<td>0g</td>
<td>2g</td>
</tr>
<tr>
<td>Terrapin, Hi-5 IPA 14 oz. Pint</td>
<td>210</td>
<td>0</td>
<td>0g</td>
<td>0g</td>
<td>0g</td>
<td>0mg</td>
<td>10mg</td>
<td>19g</td>
<td>0g</td>
<td>0g</td>
<td>2g</td>
</tr>
<tr>
<td>Yuengling 14 oz. Pint</td>
<td>160</td>
<td>0</td>
<td>0g</td>
<td>0g</td>
<td>0g</td>
<td>0mg</td>
<td>15mg</td>
<td>13g</td>
<td>0g</td>
<td>0g</td>
<td>1g</td>
</tr>
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