



## NUTRITION GUIDE

Updated: 6/25/26

We work to provide accurate, up-to-date nutrition information based on our standard recipes, supplier information, and the USDA database. Because our dishes are hand-prepared to order and ingredients or procedures may change, actual nutritional values may differ from those listed. Please check you're using the latest version of this guide, and keep in mind what's listed may differ from what's served. **Menu item availability varies per location.** 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Questions? Contact Us at [www.millersalehouse.com/contact/](http://www.millersalehouse.com/contact/) or call our Guest Relations team at (407) 547-1244. We look forward to serving you crave-worthy food and an exceptional experience at Our House!

Menu Item	CALORIES	CALORIES FROM FAT	FAT	SAT FAT	TRANS FAT	CHOLESTEROL	SODIUM	CARBS	FIBER	SUGAR	PROTEIN
<b>WORLD FAMOUS ZINGERS®</b>											
<i>(listed without Wing Sauce or Dressing)</i>											
Zingers Mountain Melt®	1680	870	106g	28g	0g	205mg	3000mg	58g	2g	3g	48g
Millers Size Mountain Melt	2070	1250	148g	35g	0g	320mg	3210mg	63g	3g	6g	117g
Zingers®	800	260	29g	5g	0g	170mg	1090mg	57g	2g	3g	75g
<b>FRESH CHICKEN WINGS</b>											
<i>(listed without Wing Sauce or Dressing)</i>											
6 Wings	675	450	49g	13g	0g	340mg	260mg	0g	0g	0g	53g
12 Wings	1290	840	93g	24g	0g	670mg	510mg	0g	0g	0g	106g
24 Wings	2520	1600	177g	47g	0g	1355mg	1020mg	0g	0g	0g	214g
<b>ZINGER® &amp; WING SAUCES (1 FL. OZ)</b>											
Mild	80	80	9g	2g	0g	0mg	450mg	0g	0g	0g	0g
Garlic	170	170	20g	7g	0g	0mg	200mg	0g	0g	0g	0g
Honey BBQ	70	0	0g	0g	0g	0mg	220mg	17g	0g	16g	0g
Garlic Parmesan	120	110	13g	4.5g	0g	10mg	150mg	1g	0g	0g	1g
Teriyaki	45	10	1g	0g	0g	0mg	330mg	8g	0g	7g	0g
Honey Mustard	80	50	5g	1g	0g	10mg	250mg	10g	0g	10g	0g
Medium	120	120	14g	2.5g	2g	0mg	680mg	0g	0g	0g	0g
Caribbean Jerk	50	0	0g	0g	0g	0mg	860mg	12g	0g	10g	0g
Hot Garlic	80	80	9g	3.5g	0g	0mg	660mg	0g	0g	0g	0g
Sweet Thai Chili	70	0	0g	0g	0g	0mg	460mg	17g	0g	15g	0g
Tequila Bbq Sauce	80	5	1g	0g	0g	0mg	400mg	15g	0g	14g	< 1g
Hot	0	0	0g	0g	0g	0mg	1140mg	0g	0g	0g	0g
Korean BBQ	70	10	1.5g	0g	0g	0mg	640mg	13g	0g	12g	1g
Mango Habanero	45	0	0g	0g	0g	0mg	220mg	11g	0g	7g	0g
Mt. St. Helens	10	0	0g	0g	0g	0mg	1120mg	1g	< 1g	0g	0g
5 Pepper Fire®	15	10	1g	0.5g	0g	0mg	600mg	1g	0g	< 1g	0g
<b>STARTERS AND APPS</b>											
Potstickers- Pan Fried	790	350	38g	9g	0g	40mg	1900mg	93g	4g	30g	19g
Fully Loaded Cheese Fries	1140	1000	93g	28g	0g	100mg	3260mg	56g	3g	4g	20g
Fried Calamari	560	110	13g	2g	0g	320mg	3300mg	79g	2g	33g	28g
Fried Jalapeños	650	150	17g	3g	0g	<5	2730mg	103g	5g	6g	16g
Warm Bavarian Pretzel	490	260	29g	10g	0.5g	40mg	1850mg	44g	1g	7g	13g
Creamy Spinach & Artichoke Dip	680	350	39g	15g	0.5g	75mg	1120mg	67g	8g	<1	18g
Mozzarella Sticks: 12-Count	1170	640	71g	29g	0g	140mg	2350mg	89g	2g	8g	42g
Mozzarella Sticks: 8-Count	800	490	53g	19g	0g	80mg	1470mg	55g	2g	6g	28g
Boom Boom Shrimp	1090	360	41g	6g	0g	410mg	1080mg	103g	5g	12g	67g
Sports Bar Nachos	1910	1050	116g	36g	0g	255mg	5850mg	132	10g	22g	80g
Chicken Quesadilla	810	340	39g	20g	0g	150mg	2500mg	67g	8g	10g	50g
Boneless Wings (No Sauce)	690	380	41g	7g	0g	110mg	200mg	30g	1g	4g	48g

(Sampler) Queso and Chips	600	280	31g	13g	0g	50mg	1990mg	59g	4g	8g	20g
(Sampler) Boom Boom Shrimp	1040	650	73g	11g	0g	245mg	1220mg	56g	2g	11g	34g
(Sampler) Potstickers	600	290	32g	7g	0g	20mg	1520mg	67g	2g	33g	10g
(Sampler) 6ct Mozzarella Sticks	700	450	49g	16g	0g	65mg	1400mg	43g	2g	6g	23g
(Sampler) BBQ Chicken Egg Rolls	645	430	38g	11g	0g	116mg	2310mg	44g	3g	16g	35g
Millers Meatballs	900	550	62g	21g	0g	245mg	1860mg	38g	5g	10g	46g
<b>SOUPS</b>											
French Onion Soup	280	130	15g	7g	0g	35mg	1310mg	21g	3g	8g	14g
Soup of the Day											
Baked Potato	280	160	18g	10g	1g	60mg	920mg	21g	2g	3g	9g
Beer Cheese	370	210	24g	14g	1.5g	75mg	1490mg	16g	1g	3g	20g
Broccoli Cheese Soup	220	160	17g	10g	0.5g	50mg	530mg	9g	1g	7g	8g
Chicken and Poblano Pepper	300	160	19g	10g	0g	70mg	1200mg	24g	4g	5g	11g
Chicken Tortilla	90	25	3g	0g	0g	5mg	740mg	11g	3g	3g	6g
Clam Chowder	360	230	23g	13g	0g	65mg	1270mg	20g	3g	3g	10g
Farmer's Market Vegetable	120	35	3.5g	0g	0g	0mg	1350mg	19g	3g	7g	3g
Hearty Vegetable	90	20	2.5g	0g	0g	0mg	910mg	15g	2g	2g	0g
Gumbo	130	35	4g	0g	0g	10mg	820mg	18g	1g	1g	6g
Premium Lobster Bisque	450	340	37g	24g	0g	175mg	1310mg	15g	0g	1g	7g
Roasted Poblano Corn Chowder	270	140	16g	10g	0g	50mg	1020mg	29g	2g	5g	3g
Shrimp And Roasted Corn Chowder	300	160	18g	9g	0g	70mg	880mg	30g	3g	9g	8g
Tomato Bisque with Spinach and Orzo	350	250	29g	18g	0g	95mg	1180mg	19g	4g	11g	8g
<b>SALADS</b>											
<i>(listed without dressing unless noted)</i>											
Zingers® Salad (no wing sauce)	450	170	20g	6g	0g	135mg	410mg	15g	4g	7g	53g
Cobb Salad	880	390	44g	19g	0g	560mg	3350mg	17g	5g	6g	98g
Chicken Caesar Salad (with dressing)	760	430	46g	9g	0g	100mg	3070mg	33g	4g	5g	56g
House Salad (add dressing)	410	110	12g	5g	0g	30mg	770mg	56g	17g	12g	21g
Caesar Salad (with dressing)	560	410	45g	9g	0g	35mg	1510mg	32g	4g	5g	16g
<b>DRESSING (1 fl. oz.)</b>											
Balsamic Vinaigrette	100	90	10g	1.5g	0g	0mg	280mg	3g	0g	3g	0g
Blue Cheese	140	130	15g	3g	0g	10mg	230mg	< 1g	0g	< 1g	< 1g
Caesar	130	120	13g	2.5g	0g	10mg	380mg	2g	0g	< 1g	2g
Cajun Ranch	190	180	20g	3g	0g	5mg	380mg	2g	0g	1g	0g
Honey Mustard	130	100	11g	1.5g	0g	15mg	150mg	6g	0g	6g	0g
Thousand Island	137	110	12g	2g	0g	15mg	280mg	4g	0g	3g	0g
Ranch	180	180	20g	3g	0g	< 5mg	260mg	< 1g	0g	< 1g	0g
<b>HOUSE FAVORITES</b>											
<i>(Listed without sides unless noted)</i>											
Barbeque Baby Back Ribs(Includes coleslaw)	1330	780	83g	35g	0g	405mg	3820mg	47g	0g	37g	95g
Zingers® Mac & Cheese	1990	1130	128g	53g	0g	260mg	3410mg	135g	6g	11g	76g
Cajun Chicken Pasta	1560	660	77g	35g	0g	195mg	4640mg	143g	3g	13g	75g

Cajun Shrimp Pasta	1550	640	75g	34g	0g	360mg	3140mg	149g	3g	13g	71g
Cajun Salmon Pasta	1650	790	91g	39g	0g	175mg	2960mg	147g	3g	13g	64g
Pork Osso Buco( <i>served with Mashed Potatoes and Gravy and veg</i> )	1370	770	90g	27g	0g	300mg	5130mg	43g	4g	8g	103g
Mimi's Fiesta Bowl Chicken & Shrimp	1010	320	35g	9g	0g	225mg	2530mg	99g	5g	5g	69g
Mimi's Fiesta Bowl Shrimp	1030	410	46g	11g	0g	265mg	2250mg	103g	5g	5g	47g
Mimi's Fiesta Bowl Salmon	1030	460	51g	14g	0g	75mg	2790mg	99g	5g	5g	40g
Atlantic Salmon - Grilled	470	250	28g	5g	0g	145mg	760mg	1g	0g	0g	51g
Atlantic Salmon - Blackened	530	290	32g	6g	0.5g	145mg	830mg	6g	0g	< 1g	52g
Atlantic Salmon - Broiled	780	540	62g	17g	0g	145mg	660mg	2g	0g	0g	51g
Chicken Parmesan Pasta	1710	780	91g	33g	0g	220mg	2580mg	141g	3g	13g	84g
Chicken Scampi Pasta Bake	1570	890	99g	57g	0g	265mg	3660mg	85g	6g	2g	80g
Shrimp Scampi Pasta Bake	1430	1010	115g	61g	0g	435mg	2670mg	23g	2g	1g	66g
Lobster Ravioli	810	430	49g	26g	0g	130mg	1430mg	62g	6g	3g	26g
Cilantro Lime Chicken	1120	460	53g	19g	0g	120mg	2700mg	104g	8g	8g	59g
English Pub Fish & Chips( <i>served with Fries &amp; Includes coleslaw</i> ) (Pollock)	1630	860	104g	19g	0g	120mg	2630mg	107g	6g	26g	44g
35 Fried Shrimp( <i>Includes coleslaw</i> )	1760	830	87g	16g	0g	520mg	2470mg	140g	4g	14g	85g
<b>STEAK DINNERS</b>											
<i>(Listed without sides)</i>											
6oz Sirloin	240	60	7g	2.5g	0g	100mg	1900mg	3g	1g	0g	38g
Ribeye - Grilled	880	620	69g	30g	0g	235mg	1290mg	2g	0g	0g	63g
6 oz Sirloin & Fried Shrimp	740	110	25g	8g	0g	270mg	2070mg	56g	1g	10g	65g
<b>FAJITAS</b>											
Chicken	590	100	12g	4.5g	0g	95mg	2330mg	72g	4g	12g	50g
Shrimp	925	390	46g	11g	4g	265mg	2415mg	84g	4g	20g	45g
Steak	770	265	31g	12g	0g	105mg	2330mg	81g	4g	20g	44g
Guacamole	90	60	7g	1.5g	0g	0mg	330mg	5g	3g	0g	2g
Cold Set	220	150	17g	11g	0g	60mg	790mg	7g	1g	5g	9g
<b>BURGERS</b>											
<i>(Listed without sides)</i>											
Classic Cheeseburger	1030	620	71g	31g	0g	200mg	2160mg	44g	4g	8g	52g
<i>Add Bacon</i>	90	60	7g	2.5g	0g	0mg	350mg	0g	0g	0g	5g
Millers Veggie Burger	630	210	33g	5g	0g	0mg	2060mg	76g	10g	14g	13g
<i>Add Guacamole</i>	90	60	7g	1.5g	0g	0mg	330mg	5g	3g	0g	2g
Brunch Burger	1410	1030	111g	38g	0g	230mg	2690mg	47g	2g	14g	55g
Prime Burger	1300	820	93g	35g	0g	235mg	3120mg	53g	3g	11g	63g
Cue Bacon Cheeseburger	1180	700	80g	33g	0g	215mg	2900mg	54g	2g	15g	57g
<i>Add Burger Patty (with cheese)</i>	680	520	57g	25g	0g	165mg	1630mg	2g	0g	0g	37g
<b>SANDWICHES</b>											
<i>(Listed without sides)</i>											
Big Red®	730	330	38g	10g	0g	120mg	6000mg	40g	1g	7g	52g

Grilled Chicken BLT	590	200	21g	7g	0g	130mg	3050mg	42g	2g	8g	56g
Philly Cheese Steak	990	450	53g	21g	0g	140mg	3030mg	65g	3g	6g	60g
<i>Add Mushrooms and Peppers</i>	70	50	6g	1g	0g	0mg	240mg	3g	1g	2g	2g
Prime Rib French Dip	1190	560	68g	32g	0g	265mg	5680mg	70g	3g	10g	73g
Millers Meatball Sandwich	1770	920	118g	34g	0g	220mg	4200mg	123g	9g	15g	54g
Garlic Parmesan Zinger Caesar warap	940	470	52g	13g	0g	85mg	1910mg	85g	8g	11g	42g
<b>SWEETS</b>											
Capt. Jack's Buried Treasure®	1400	610	70g	41g	0g	75mg	770mg	164g	2g	146g	8g
Capt. Jack's Buried Treasure® Pint	1080	500	57g	29g	0g	75mg	650mg	116g	2g	109g	8g
Ghirardelli® Chocolate Brownie Sundae	1490	570	68g	41g	0g	40mg	820mg	212g	3g	155g	7g
Pull N' Pop Donuts®	1390	610	67g	29g	0g	0mg	1040mg	177g	4g	97g	13g
Strawberry Cheesecake	630	350	38g	23g	1g	155mg	380mg	64g	4g	52g	10g
<b>KIDS MENU</b>											
Grilled Chicken Breast	190	15	1.5g	0g	0g	95mg	940mg	0g	0g	0g	40g
Kids Boneless Bites	780	370	46g	9g	0g	85mg	1400mg	51g	2g	2g	40g
Kids Zingers	780	370	46g	9g	0g	85mg	1400mg	51g	2g	2g	40g
Mac & Cheese	300	80	9g	2.5g	0g	15mg	550mg	45g	2g	8g	10g
Fried Shrimp Platter	730	470	56g	11g	0g	65mg	1060mg	39g	2g	13g	81g
Cheese Quesadilla	240	90	11g	6g	0g	20mg	470mg	28g	0g	2g	9g
Fried Shrimp	460	340	37g	7g	0g	65mg	200mg	17g	< 1g	0g	11g
Mini Burger	500	250	31g	12g	0g	85mg	550mg	33g	1g	5g	23g
Seasonal Fruit	60	0	0g	0g	0g	0mg	0mg	15g	3g	12g	1g
Applesauce	50	0	0g	0g	0g	0mg	5mg	13g	1g	10g	0g
French Fries	400	360	41g	7g	0g	0mg	450mg	11g	1g	0g	1g
Seasonal Vegetable	90	35	4g	1.5g	0g	0mg	990mg	11g	3g	3g	2g
Vanilla Ice Cream Scoop	280	140	16g	10g	0g	60mg	80mg	32g	0g	24g	0g
Ice Cream Sandwich	150	40	4.5g	2.5g	0g	15mg	115mg	26g	0g	14g	3g
Push Pop	80	5	1g	0.5g	0g	< 5mg	25mg	18g	0g	15g	0g
<b>LUNCH SPECIALS</b>											
<i>(listed without sides unless noted)</i>											
Dad's Homemade Meatloaf	1020	540	63g	25g	0g	225mg	3050mg	82	7g	32g	45g
English Pub Fish & Chips <i>(served with fries)</i> <i>(Pollock)</i>	1030	650	75g	13g	0g	75mg	1930g	50g	2g	8g	27g
Soup and Salad Duo - see above for combinations											
<b>LTOs</b>											
Skillet Queso Dunks Bacon Cheeseburger	1420	880	100g	45g	0g	275mg	4350mg	55g	3g	15g	75g
Skillet Queso Dunks Chicken Bacon Ranch	1259	910	85g	29g	0g	175mg	4420mg	50g	1g	15g	70g
BBQ Chicken Eggroll Appetizer	980	650	58g	17g	0g	180mg	3500mg	65g	5g	23g	53g
Tailgater	1940	1030	124g	39g	0g	360mg	3300mg	82g	3g	26g	116g
Tush Push Burger	1150	420	58g	19g	0g	30mg	5540mg	129g	7g	21g	29g
Soccer Sundae	1120	390	49g	35g	0g	115mg	720mg	167g	3g	116g	24g

Spicy Chicken Sandwich Skillet	1070	540	62g	23g	0g	155mg	4250mg	49g	2g	14g	71g
<b>DEALS OF THE DAY</b>											
<i>(Listed without sides)</i>											
Zingers® (no wing sauce)	800	260	29g	5g	0g	170mg	1090mg	57g	2g	3g	75g
Barbecue Baby Back Ribs	1330g	780	84g	36g	0g	405mg	3820mg	47g	0g	37g	95g
12 Wings	1290	840	93g	24g	0g	670mg	510mg	0g	0g	0g	106g
Prime Rib- 12 oz	820	360	40g	13g	0g	325mg	4480mg	6g	1g	2g	109g
Prime Rib- 16 oz	1090	470	53g	17g	0g	435mg	5660mg	8g	1g	2g	146g
<b>ALL DAY EVERY DAY DEALS</b>											
Classic Cheeseburger	1030	620	71g	31g	0g	200mg	2160mg	44g	4g	8g	52g
<b>SIDES</b>											
Baked Potato (with Butter and Sour Cream)	330	160	21g	7g	0g	20mg	170mg	37g	4g	3g	5g
Housemade Kettle Chips	350	190	28g	4g	0g	0mg	540mg	21g	2g	1g	2g
Mashed Potatoes (with Gravy)	140	35	5g	2g	0g	5mg	1030mg	26g	2g	0g	2g
French Fries	460	220	32g	7g	0g	0mg	1450mg	39g	2g	0g	4g
Cilantro Lime Rice	530	150	17g	7g	0g	0mg	650mg	85g	3g	2g	9g
Broccoli	130	100	11g	4.5g	0g	0mg	250mg	6g	0g	0g	3g
Green Beans	80	40	5g	1.5g	0g	0mg	250mg	9g	3g	4g	2g
<b>PREMIUM SIDES</b>											
Loaded Baked Potato	540	310	38g	16g	0g	95mg	970mg	35g	2g	4g	21g
Loaded French Fries	1140	1000	93g	28g	0g	100mg	3260mg	56g	3g	4g	20g
Onion Rings	900	930	81g	17g	0g	20mg	1150mg	36g	1g	2g	3g
House Salad - sub	210	80	8g	2.5g	0g	15mg	450mg	29g	3g	3g	9g
Caesar Salad - sub	290	210	22g	4.5g	0g	20mg	710mg	18g	2g	3g	9g
Mac & Cheese	560	210	23g	13g	0g	80mg	480mg	68g	3g	5g	22g
<b>ADD ONS</b>											
Shareable Fries	770	370	54g	11g	0g	0mg	2410mg	65g	3g	0g	6g
Shareable Onion Rings	1450	1240	113g	22g	0g	20mg	1930mg	91g	4g	2g	8g
12 Fried Shrimp with Cocktail Sauce	610	270	28g	5g	0g	175mg	1240mg	52g	1g	8g	29g
7 Grilled Shrimp	220	140	15g	2.5g	0g	130mg	870mg	2g	0g	0g	18g
7 Blackened Shrimp	240	140	15g	2.5g	0g	130mg	730mg	5g	0g	0g	18g
4 Mozzarella Sticks	550	310	34g	13g	0g	60mg	1180mg	43g	2g	6g	22g
Caesar Salad (with dressing)	290	210	22g	4.5g	0g	20mg	750mg	16g	2g	3g	8g
House Salad (No Dressing)	210	80	8g	2.5g	0g	15mg	450mg	29g	2g	8g	13g
Boom Boom Shrimp	830	450	51g	8g	0g	235mg	1040mg	54g	2g	9g	33g
Skillet Queso add on	590	500	56g	16g	0g	50mg	1960mg	9g	0g	8g	15g
<b>PARTY PLATTERS</b>											
50 Wings Box	4410	2030	219g	37g	0g	1465mg	900mg	23g	1g	23g	585g
50 Zingers Box	4720	1200	139g	21g	0g	1400mg	2280mg	265g	9g	25g	594g
Wings & Zingers Box	5050	2130	235g	38g	0g	1485mg	1580mg	118g	3g	18g	608g
24 Wings	2520	1600	177g	47g	0g	1355mg	1020mg	0g	0g	0g	214g
World Famous Zingers - 24	1600	520	58g	10g	0g	340mg	2180mg	114g	4g	6g	150g

Mini Burgers	10070	4060	451g	166g	0g	900mg	14390mg	1060g	73g	211g	458g
Zingers Mac & Cheese	7030	4760	557g	190g	0g	595mg	5890mg	363g	16g	27g	212g
House Salad (No Dressing)	1280	420	45g	15g	0g	85mg	2240mg	178g	24g	30g	62g
Caesar Salad( <i>includes dressing</i> )	3960	1880	197g	26g	0g	105mg	9550mg	496g	48g	35g	145g
Add Chicken Breast	480	45	4.5g	0g	0g	235mg	3980mg	96g	<1g	0g	0g
Side Onion Rings	3610	3730	325g	67g	0g	85mg	4620mg	145g	6g	9g	13g
Side Mac & Cheese	2990	1530	168g	93g	0g	355mg	2970mg	272g	12g	6g	81g
<b>NON-ALCOHOLIC BEVERAGES</b>											
Coca-Cola	340	0	0g	0g	0g	0mg	85mg	89g	0g	89g	0g
Diet Coke	0	0	0g	0g	0g	0mg	110mg	1g	0.18g	0g	0g
Coca-Cola Zero	0	0	0g	0g	0g	0mg	90mg	0g	0.19g	0g	0g
Sprite	310	0	0g	0g	0g	0mg	150mg	82g	0g	81g	0g
Pibb Xtra	320	0	0g	0g	0g	0mg	120mg	84g	0.22g	84g	0g
Minute Maid Lemonade(HFCS)	320	0	0g	0g	0g	0mg	210mg	84g	0g	80g	0g
Fuze Raspberry Tea	190	0	0g	0g	0g	0mg	110mg	51g	0.0g	49g	0g
Barq's Root Beer	370	0	0g	0g	0g	0mg	115mg	97g	0.21g	96g	0g
Fanta Orange Postmix	340	0	0g	0g	0g	0mg	90mg	90g	0g	88g	0g
Mello Yello	360	0	0g	0g	0g	0mg	110mg	96g	0.1g	96g	0g
Fresh Brewed Iced Tea	2	0	0g	0g	0g	0mg	7mg	1g	0g	0g	0g
Fresh Brewed Sweet Tea	160	0	0g	0g	0g	0mg	0mg	14g	0g	42g	1g
S&D Coffee	0	0	0g	0g	0g	0mg	0mg	0g	0g	0g	0g
Perrier	0	0	0g	0g	0g	0g	0mg	0mg	0g	0g	0g
Dasani	0	0	0g	0g	0g	0g	0mg	0mg	0g	0g	0g
<b>ALCOHOLIC BEVERAGES</b>											
"The Don" Blanco	250	0	0g	0g	0g	0mg	55mg	33g	0g	30g	0g
1800 Perfect Margarita	240	0	0g	0g	0g	0mg	45mg	31g	0g	27g	0g
1800 Watermelon Rita Pitcher	810	0	0g	0g	0g	0mg	40mg	138g	< 1g	133g	0g
Ale House Cosmo	210	0	0g	0g	0g	0mg	10mg	14g	0g	13g	0g
Apple Pear Martini	210	0	0g	0g	0g	0mg	15mg	32g	0g	30g	0g
Beach Whiskey Bonfire Cinnamon	70	0	0g	0g	0g	0mg	0mg	6g	0g	6g	0g
Beach Whiskey Island Coconut	50	0	0g	0g	0g	0mg	0mg	4g	0g	5g	0g
Big LIT	280	0	0g	0g	0g	0mg	0mg	16g	0g	14g	0g
Old Fashioned	140	0	0g	0g	0g	0mg	0mg	20g	0g	19g	0g
Blackberry Smash	180	0	0g	0g	0g	0mg	0mg	23g	2g	20g	< 1g
Bulleit Manhattan	170	0	0g	0g	0g	0mg	0mg	2g	0g	0g	0g
Captain Morgan Cannon Blast	70	0	0g	0g	0g	0mg	0mg	0g	0g	0g	0g
Cherry Limeade	210	0	0g	0g	0g	0mg	5mg	39g	2g	32g	0g
Curzan Classic Mojito	220	0	0g	0g	0g	0mg	0mg	33g	1g	29g	0g
Don Blanco Shot	70	0	0g	0g	0g	0mg	0mg	0g	0g	0g	0g
Electric Blue LIT Pitcher	500	0	0g	0g	0g	0mg	0mg	54g	0g	48g	0g
Electric Lemonade	230	0	0g	0g	0g	0mg	0mg	27g	0g	25g	0g
Grande Margarita	270	0	0g	0g	0g	0mg	55mg	36g	0g	34g	0g
Grey Goose Mule	260	0	0g	0g	0g	0mg	0mg	33g	< 1g	30g	0g

Hemingway Daquiri	210	0	0g	0g	0g	0mg	0mg	23g	0g	19g	0g
Irish Breakfast	100	0	0g	0g	0g	0mg	0mg	12g	0g	11g	0g
Jagermeister Spice	90	0	0g	0g	0g	0mg	0mg	0g	0g	0g	0g
Kiwi Margarita	340	0	0g	0g	0g	0mg	45mg	54g	0g	49g	0g
Long Island Tea- House	160	0	0g	0g	0g	0mg	0mg	22g	0g	21g	0g
Long Island Tea- Top Shelf	280	0	0g	0g	0g	0mg	0mg	19g	0g	17g	0g
Mango Margarita	300	0	0g	0g	0g	0mg	50mg	40g	0g	38g	0g
Margarita Pitcher	630	0	0g	0g	0g	0mg	125mg	96g	< 1g	88g	0g
Meister Mary	150	0	0g	0g	0g	0mg	470mg	21g	2g	17g	1g
Meyers Platinum & Pepsi	70	0	0g	0g	0g	0mg	0mg	5g	0g	5g	0g
Mojito Pitcher	520	0	0g	0g	0g	0mg	0mg	69g	1g	63g	0g
Painkiller	350	25	3g	2.5g	0g	0mg	20mg	46g	2g	41g	< 1g
Patron Pineapple Margarita	120	0	0g	0g	0g	0mg	0mg	1g	0g	< 1g	0g
Patron Xo Cafe Incendio	100	0	0g	0g	0g	0mg	0mg	0g	0g	0g	0g
Pineapple Mango Mojito	160	0	0g	0g	0g	0mg	5mg	40g	1g	36g	0g
Pomegranate Margarita	270	0	0g	0g	0g	0mg	55mg	48g	0g	44g	0g
Sangria (Red)	160	0	0g	0g	0g	0mg	5mg	30g	1g	23g	< 1g
Sangria (White)	140	0	0g	0g	0g	0mg	0mg	24g	1g	19g	< 1g
Sangria Pitcher (Red)	450	0	0g	0g	0g	0mg	15mg	76g	1g	59g	1g
Sangria Pitcher (White)	390	0	0g	0g	0g	0mg	0mg	58g	1g	48g	1g
Sauza Blue Margarita	220	0	0g	0g	0g	0mg	45mg	36g	0g	33g	0g
Sauza Blue Tequila Sunrise	100	0	0g	0g	0g	0mg	0mg	10g	0g	9g	0g
Shooter- Irish Car Bomb	120	20	2g	1g	0g	5mg	35mg	7g	0g	3g	< 1g
Shooter- Skittles	130	0	0g	0g	0g	0mg	0mg	12g	0g	11g	0g
Shooters- Baby Irish Stout	100	20	2g	1g	0g	5mg	15mg	9g	0g	9g	0g
Shooters- Cinnamon Toast Crunch	120	20	2g	0g	0g	10mg	0mg	10g	0g	0g	< 1g
Shooters- Fire Apple	90	0	0g	0g	0g	0mg	0mg	12g	0g	2g	0g
Shooters- Grape Bomb	100	0	0g	0g	0g	0mg	25mg	7g	0g	7g	0g
Shooters- Jager Bomb	130	0	0g	0g	0g	0mg	25mg	18g	0g	18g	0g
Shot- Captain Morgan (Double)	120	0	0g	0g	0g	0mg	0mg	0g	0g	0g	0g
Captain Morgan- Single	60	0	0g	0g	0g	0mg	0mg	0g	0g	0g	0g
Jagermeister	100	0	0g	0g	0g	0mg	0mg	11g	0g	11g	0g
Patron Xo Cafe	110	0	0g	0g	0g	0mg	0mg	11g	0g	11g	0g
Smirnoff Grape	70	0	0g	0g	0g	0mg	0mg	0g	0g	0g	0g
Vegas Bomb	140	0	0g	0g	0g	0mg	30mg	15g	0g	15g	0g
Smirnoff Bay Breeze	90	0	0g	0g	0g	0mg	5mg	6g	0g	6g	0g
Smirnoff Cape Cod	90	0	0g	0g	0g	0mg	15mg	6g	0g	6g	0g
Smirnoff Martini	140	10	1g	0g	0g	0mg	160mg	0g	0g	0g	0g
Strawberry Coconut Mojito	220	0	0g	0g	0g	0mg	15mg	36g	< 1g	32g	0g
Strawberry Margarita	270	0	0g	0g	0g	0mg	50mg	34g	0g	31g	0g
Strawberry Mule	220	0	0g	0g	0g	0mg	30mg	54g	0g	18g	0g
The Wave Glass- Big	300	0	0g	0g	0g	0mg	50mg	46g	< 1g	41g	0g
Tito's Loaded Bloody Mary	190	10	1g	0g	0g	0mg	590mg	7g	2g	3g	2g

Tito's Strawberry Lemonade Glass	170	0	0g	0g	0g	0mg	35mg	23g	0g	21g	0g
Tito's Strawberry Lemonade Pitcher	440	0	0g	0g	0g	0mg	70mg	46g	< 1g	41g	0g
Top Shelf Margarita	280	0	0g	0g	0g	0mg	45mg	31g	0g	27g	0g
Tropical Mule	210	0	0g	0g	0g	0mg	5mg	21g	1g	21g	< 1g
Ultimate Tito's	250	10	1g	0g	0g	0mg	160mg	0g	0g	0g	0g
Watermelon Margarita	280	0	0g	0g	0g	0mg	45mg	50g	0g	47g	0g
Watermelon Margarita Pitcher	710	0	0g	0g	0g	0mg	105mg	116g	0g	110g	0g
Wave	300	0	0g	0g	0g	0mg	50mg	46g	< 1g	41g	0g
Wave Pitcher	890	0	0g	0g	0g	0mg	135mg	133g	< 1g	119g	0g
Angry Orchard	220	0	0g	0g	0g	0mg	20mg	28g	0g	23g	0g
Blue Moon	200	0	0g	0g	0g	0mg	20mg	16g	< 1g	< 1g	2g
Blue Moon 23 oz.	270	0	0g	0g	0g	0mg	25mg	22g	1g	1g	3g
Blue Moon Pitcher	630	0	0g	0g	0g	0mg	60mg	53g	3g	3g	7g
Blue Pt. Toasted Lager- Pint (14 oz.)	170	0	0g	0g	0g	0mg	20mg	18g	0g	0g	2g
Bud Light	100	0	0g	0g	0g	0mg	10mg	3g	0g	0g	1g
Budweiser Pint (14 oz.)	170	0	0g	0g	0g	0mg	10mg	12g	0g	0g	2g
Coors Light 14 oz. Pint	120	0	0g	0g	0g	0mg	15mg	6g	< 1g	1g	1g
Corona Light 14 oz. Pint	120	0	0g	0g	0g	0mg	0mg	6g	0g	0g	1g
Dos Equis 14 oz. Pint	150	0	0g	0g	0g	0mg	35mg	13g	0g	3g	1g
Founders All Day IPA 14 oz. Pint	160	0	0g	0g	0g	0mg	30mg	13g	1g	0g	1g
Goose IPA- Pint (14oz)	240	0	0g	0g	0g	0mg	20mg	25g	0g	0g	2g
Guinness 20 oz.	180	0	0g	0g	0g	0mg	110mg	14g	0g	1g	2g
Guinness Blonde American Lager 14 oz. Pint	180	0	0g	0g	0g	0mg	0mg	13g	0g	1g	3g
Heineken 14 oz. Pint	170	0	0g	0g	0g	0mg	10mg	13g	0g	2g	1g
Hoegaarden Wheat Beer- Pnt (14oz)**	190	0	0g	0g	0g	0mg	20mg	16g	0g	0g	2g
Illusive Traveler- Grapefruit Shandy 14 oz. Pint	190	0	0g	0g	0g	0mg	25mg	21g	1g	10g	1g
Kona Longboard- 14 oz. Pint	170	0	0g	0g	0g	0mg	0mg	13g	0g	0g	2g
Lagunitas IPA 14 oz. Pint	220	0	0g	0g	0g	0mg	20mg	17g	0g	0g	3g
Leinenkugals 14 oz. Pint	180	0	0g	0g	0g	0mg	20mg	17g	0g	0g	1g
Michelob Ultra- Pint (14 oz)	110	0	0g	0g	0g	0mg	20mg	3g	0g	0g	< 1g
Miller Lite 14 oz. Pint	110	0	0g	0g	0g	0mg	0mg	4g	0g	0g	< 1g
Miller Lite 23 oz.	150	0	0g	0g	0g	0mg	0mg	5g	0g	0g	< 1g
Miller Lite Pitcher	360	0	0g	0g	0g	0mg	0mg	12g	0g	0g	2g
New Belgium Fat Tire 14 oz. Pint	160	0	0g	0g	0g	0mg	5mg	10g	2g	0g	2g
New Belguim, Voodoo Ranger 14 oz. Pint	220	0	0g	0g	0g	0mg	10mg	18g	0g	0g	0g
Newcastle Brown Ale 14 oz. Pint	150	0	0g	0g	0g	0mg	35mg	12g	0g	7g	1g
Rebel IPA 14 oz. Pint	220	0	0g	0g	0g	0mg	20mg	18g	1g	0g	2g
Samuel Adams Boston Lager	240	0	0g	0g	0g	0mg	0mg	0g	0g	0g	0g
Shock Top Belgian White 5% - Pint (14oz)**	200	0	0g	0g	0g	0mg	20mg	17g	0g	0g	3g
Sierra Nevada - Pale Ale 14 oz. Pint	200	0	0g	0g	0g	0mg	0mg	16g	0g	0g	2g
Sierra Nevada - Sidecar	210	0	0g	0g	0g	0mg	25mg	18g	0g	0g	< 1g
Stella Artois - Pint (14 oz)	170	0	0g	0g	0g	0mg	40mg	13g	0g	0g	2g
Terappin Hopsecutioner IPA	210	0	0g	0g	0g	0mg	15mg	15g	0g	0g	2g

Terrapin, Hi-5 IPA 14 oz. Pint	210	0	0g	0g	0g	0mg	10mg	19g	0g	0g	2g
Yuengling 14 oz. Pint	160	0	0g	0g	0g	0mg	15mg	13g	0g	0g	1g